

# THE DISABLED, DISABILITIES AND ATHLETES

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On behalf of The World Association of Technology Teachers

## W.A.T.T.



World Association of Technology Teachers

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# THE DISABLED, DISABILITIES AND ATHLETES

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People can suffer from a wide and varied range of disabilities. A person may have a physical disability or a mental disability or an emotional disability or sensory disability.

A disability normally restricts or limits the activities of a person in some way. Although this may not always be the case.

1. Draw a line from the 'disability' to the correct description (these are very general descriptions). The first has been completed for you.

MENTAL  
DISABILITY

A person who may get upset easily, or is happy one moment and sad the next. A person who has difficulty relating / communicating how he/she feels to other people.

PHYSICAL  
DISABILITY

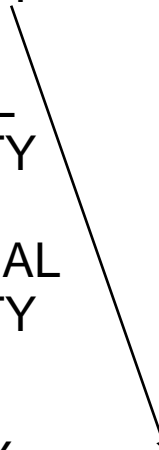
A person who has problems with their sight or hearing. They need extra help, such as an hearing aid or even a guide dog.

EMOTIONAL  
DISABILITY

A person who has difficulty in physically moving or their movement is restricted in some way. For example, a person who needs a wheel chair.

SENSORY  
DISABILITY

A person who suffers from a psychiatric problem. This may be a person who suffers from mental health issues.



2. Most disabled people try very hard to overcome their disability and try to lead a normal life. A small number become 'incredible athletes' and even take part in the PARALYMPIC Games. What are these athletes called? Underline the correct answer.

DISABIL-ATHLETES

ATHLETES  
LIMITAIRE

DISABLED  
RUNNERS

PARAPLEGIC  
ATHLETES

PARALYMPIAN

## THE PARALYMPIC GAMES

3. Read the passage below, about paraplegic athletes and the Paralympic Games. Add the missing words in the right order.

These are Olympic Games for \_\_\_\_\_ people. Sporting events every bit as difficult as those in the \_\_\_\_\_ Olympic Games. Paraplegic Athletes train extremely hard for years, in order to reach the top of their sport. They win the same range of medals (Gold, \_\_\_\_\_) as \_\_\_\_\_ - \_\_\_\_\_ athletes.

One such event is Wheel Chair Rugby. Track events include all Olympic distances (100m, 200m, 400m, 800m, 1500m, \_\_\_\_\_, 10000m, marathon, \_\_\_\_\_ relay and 4 x 400m relay). Field events include, shot put, discus, javelin, club throwing (for severely disabled athletes), pen\_\_\_\_\_, long, high and triple jump.

Silver and Bronze

able-bodied

4 x 100m

disabled

3000m

tathlon

4. Many 'Disabled Symbols' do not reflect the positive spirit, that the vast majority of disabled people portray, everyday of their lives. Also, they do not reflect the energy and enthusiasm many disabled people have towards sport and other activities. See the examples below.

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Design a new disabled symbol, that reflects the energy, enthusiasm and positive spirit of disabled people. Draw a rough version of your design, alongside the sample shown below. On a separate sheet, draw a final colour rendered version.

SAMPLE

ROUGH VERSION

