

ANTHROPOMETRICS AND ERGONOMICS

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On behalf of The World Association of Technology Teachers

W.A.T.T.



World Association of Technology Teachers

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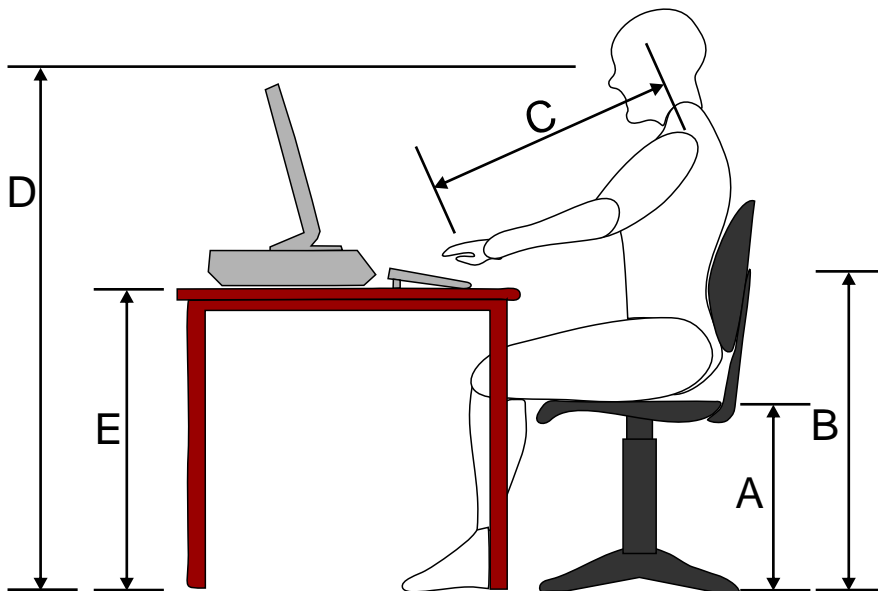
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1. Explain the term ANTHROPOMETRICS.

2. Explain the term ERGONOMICS.



3. The diagram opposite shows five important measurements that must be considered when setting up a computer workstation.

For each of the labelled dimensions, explain why it is important.

MEASUREMENT 'A':

MEASUREMENT 'B':

MEASUREMENT 'C':

MEASUREMENT 'D':

MEASUREMENT 'E':
